# DISTRIBUTION FITTING GUIDE

The Shoe That Grows is available in five sizes: Extra Small, Small, Medium, Large and Extra Large. Each size grows five sizes and can last for several years. This fitting guide will help you determine which size is best for each child you're working with.

# HOW THE SHOE GROWS

- 1. Removable and adjustable heel strap in the back.
- 2. Adjustable strap closure across the top.
- 3. Four adjustable straps on the sides.
- 4. Hook and loops in the front.

# BEFORE THE DISTRIBUTION

We recommend coordinating your distribution with the leader of a local organization—whether that's a school, orphanage, children's home, group, etc.

Talk with leaders about educating those receiving the shoes on the importance of wearing shoes in order to protect feet from infections and disease.

Follow the steps in the next section of this document for a smooth distribution. But be open to changing this if local leaders feel it is best.



# DISTRIBUTION STATIONS

Before you start your distribution, set up the following stations to guide the kids through. Have some members of your group or the local organization lead kids from Station 1 to Station 3, picking up shoes along the way at Station 2.

#### 1. Sizing

At the first station, have a couple people using the provided Shoe Size Templates to find out which size each child needs. For accuracy, ensure that kids are barefoot while being sized. After each child is sized, an escort will take them to Station 2.

## 2. Shoes

At the second station, have a couple people ready to hand the correct pair of shoes to the child or escort (depending on age).

## 3. Fitting

At the final station, have two rows of chairs set up with fitters on one side and the children on the other. The escort can take each child to an available seat where the fitter will first demonstrate the fitting process (see next page) with one shoe and then allow the child to replicate the process with the second shoe. Younger children may need extra help with this step.

## FITTING PROCESS

1. Open all velcro straps-back (1), top (2) and sides (3).

2. Place hook (4) into the top loop to begin with the smallest fit. This may need to be adjusted as you go. The hook is easiest to slide through the loop at an angle—the fit is tight to ensure it stays put through continued use.

3. Place child's foot into the shoe with their heel all the way to the back.

4. Check toes—they should be up to but not touching or rubbing against the front. If the fit is too tight, repeat steps 2 and 3 at the next smallest loop.

5. Close and adjust all velcro straps to fit.

6. Ask the child to stand and move around to check fit and comfort. Repeat steps as necessary.

7. Have the child repeat the fitting process with the second shoe.

8. Before they go, explain that when the front start to rub their toes, it's time to move the hook to the next loop.



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